



500ml	NUTRITION INFORMATION	Per Serving	Avg Quantity per 100 mL
	Energy	1444 kJ	289 kJ
	Protein	7.4 g	1.48 g
	Total Fat	8.66 g	1.73 g
	Saturated Fat	5.4 g	1.08 g
	Carbohydrates	60.11 g	12.02 g
	Total Sugar	25.2 g	5.04 g
	Lactose	12.4 g	2.48 g
	Dietary Fiber	3.62 g	0.72 g
	Sodium	459.39 g	91.88 g

400ml	NUTRITION INFORMATION	Per Serving	Avg Quantity per 100 mL
	Energy	1168 kJ	292 kJ
	Protein	6.42 g	1.6 g
	Total Fat	7.13 g	1.78 g
	Saturated Fat	4.44 g	1.11 g
	Carbohydrates	47.79 g	11.95 g
	Total Sugar	19.27 g	4.82 g
	Lactose	10.64 g	2.66 g
	Dietary Fiber	2.57 g	0.64 g
	Sodium	369.13 mg	92.28 mg

230ml	NUTRITION INFORMATION	Per Serving	Avg Quantity per 100 mL
	Energy	711 kJ	309 kJ
	Protein	4.13 g	1.79 g
	Total Fat	4.51 g	1.96 g
	Saturated Fat	2.81 g	1.22 g
	Carbohydrates	28.54 g	12.41 g
	Total Sugar	11.29 g	4.91 g
	Lactose	6.8 g	2.96 g
	Dietary Fiber	1.66 g	0.72 g
	Sodium	231.99 mg	100.86 mg



500ml	NUTRITION INFORMATION	Per Serving	Avg Quantity per 100 mL
	Energy	1449 kJ	290 kJ
	Protein	10.85 g	2.17 g
	Total Fat	8.94 g	1.79 g
	Saturated Fat	5.59 g	1.12 g
	Carbohydrates	55.87 g	11.17 g
	Total Sugar	18.1 g	3.62 g
	Lactose	17.6 g	3.52 g
	Dietary Fiber	2.53 g	0.51 g
	Sodium	416.37 g	83.27 g

400ml	NUTRITION INFORMATION	Per Serving	Avg Quantity per 100 mL
	Energy	1059 kJ	192 kJ
	Protein	7.93 g	1.98 g
	Total Fat	7.15 g	1.79 g
	Saturated Fat	4.48 g	1.12 g
	Carbohydrates	39.48 g	9.87 g
	Total Sugar	12.74 g	3.19 g
	Lactose	12.44 g	3.11 g
	Dietary Fiber	1.83 g	0.46 g
	Sodium	334.06 mg	83.51 mg

230ml	NUTRITION INFORMATION	Per Serving	Avg Quantity per 100 mL
	Energy	677 kJ	294 kJ
	Protein	5.54 g	2.41 g
	Total Fat	4.53 g	1.97 g
	Saturated Fat	2.86 g	1.24 g
	Carbohydrates	24.9 g	10.83 g
	Total Sugar	7.83 g	3.41 g
	Lactose	8.48 g	3.69 g
	Dietary Fiber	1.12 g	0.49 g
	Sodium	204.13 mg	88.75 mg



RED VELVET CAKE SMOOTHIE

500ml

NUTRITION INFORMATION

Per
Serving

Avg Quantity
per 100 mL

Energy	981 kJ	196 kJ
Protein	6.57 g	1.31 g
Total Fat	2.94 g	0.59 g
Saturated Fat	1.78 g	0.36 g
Carbohydrates	45.52 g	9.1 g
Total Sugar	30.14 g	6.03 g
Lactose	13.6 g	2.72 g
Dietary Fiber	2.96 g	0.59 g
Sodium	145.25 g	29.05 g

400ml

NUTRITION INFORMATION

Per
Serving

Avg Quantity
per 100 mL

Energy	768 kJ	192 kJ
Protein	5.07 g	1.27 g
Total Fat	2.26 g	0.57 g
Saturated Fat	1.37 g	0.34 g
Carbohydrates	35.8 g	8.95 g
Total Sugar	24.23 g	6.06 g
Lactose	10.64 g	2.66 g
Dietary Fiber	2.29 g	0.57 g
Sodium	113.76 mg	28.44 mg

230ml

NUTRITION INFORMATION

Per
Serving

Avg Quantity
per 100 mL

Energy	468 kJ	204 kJ
Protein	3.14 g	1.37 g
Total Fat	1.4 g	0.61 g
Saturated Fat	0.86 g	0.37 g
Carbohydrates	21.73 g	9.45 g
Total Sugar	14.82 g	6.44 g
Lactose	6.36 g	2.77 g
Dietary Fiber	1.4 g	0.61 g
Sodium	68.12 mg	29.62 mg